

CHOLESTEROL TRACKER

See how well you are managing your cholesterol.

Stay on top of your cholesterol numbers and track your progress with the cholesterol tracker. Ask your Doctor for your baseline levels and find out where your targets should be.

By keeping tabs on your latest results, you'll be able to see how well you are managing your cholesterol. The tracker can also help you work with your doctor to start getting your cholesterol to where you and your doctor want it.

	My Goals	Result #1 Date:	Result #2 Date:	Result #3 Date:	Result #4 Date:	Result #5 Date:	Result #6 Date:
LDL-C "bad"							
HDL-C "good"							
Trglycerides							
Total cholesterol							
LDL/HCL Ratio							

Crestor is a prescription medicine that contains rosuvastatin in 5mg, 10mg, 20mg and 40mg tablets. Crestor lowers "bad" LDL cholesterol and raises "good" HDL cholesterol. **Do not use if** you are allergic to rosuvastatin, you are pregnant, breast feeding or have active liver disease. **Caution** if you have allergies to other statins, liver or kidney problems, unexplained muscle pain, regular excess alcohol consumption. Most people taking Crestor do not suffer any unwanted effects. **Possible side effects** may include: headache, constipation, dizziness, nausea, stomach pain, unusual tiredness, skin rash, itching or hives. Rare side effects reported: muscle pain, swelling to the face, eyelids and lips, liver problems, memory loss, stiff or painful joints. Use strictly as directed. If symptoms continue or you experience side effects, see your doctor, pharmacist or health professional. Consult your doctor to see if Crestor is right for you. Crestor is an unfunded medicine. Your doctor's fee and a prescription will also apply. For more information please refer to the manufacturer's Consumer Medicine Information available at www.medsafe.govt.nz 21 January 2011. Trademarks herein are property of the AstraZeneca group. AstraZeneca Limited, P299 Private Bag 92175, Auckland 1142. Telephone (09) 306 5650, Freephone 0800 363 200, Facsimile (09) 306 5651. TAPS CH2728 essence AZ5978PF OCT 2012.

CONTROL CHOLESTEROL. IT'S WORTH IT.

